

## ACTIVITIES TIMETABLE

**MONDAY**  
Available

**TUESDAY**  
Kankama Group  
9:30am to 12:30pm

**WEDNESDAY**  
Open Day

Community Breakfast  
8:00to 10:00am

Woodies Workshop  
9:00am to 12:00pm

Men's Shed  
Sausage Sizzle lunch  
11:30am to 12:30pm

**THURSDAY**  
Woodies Workshop  
9:00am to 12:30pm

Community Lunch  
11:00am to 1:00pm

Circle of Fire  
Men's Discussion Group  
1:30 to 2:30pm

**FRIDAY**  
Woorinyan  
Special School  
9:45 to 11:30am

# Walk THE PLANK

**February 2012**

Editor Colin Duggan

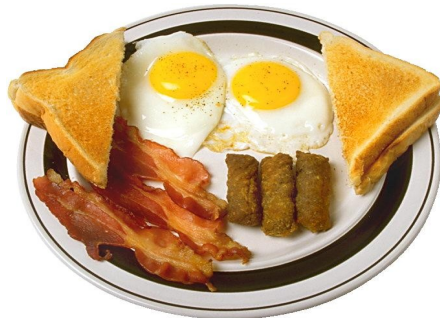
## Thank You

From Chelsea  
CareWorks

To all our sponsors and to  
all other persons who  
donate to the Community  
Breakfast and  
Community Lunch

Every bit of financial help  
is welcome.

Come and enjoy  
a delightful home  
style  
breakfast



Wednesday  
8.00 am to 10.00 am  
Bacon, eggs, sausages,  
cereal, fruit, baked beans,  
juice, toast, butter coffee,  
tea, milk, Milo

Community Lunch  
Thursday  
11.00am to 1.00pm  
Sandwiches, cakes, tea,  
coffee & cordial

### Welcome to 2012

Another year has begun.

2011 was an incredible  
year for all that happened.

Cyclones, earthquakes,  
tsunamis, floods—it all  
happened.

So far this year has been  
good with only snow in  
summer being unusual.

The Plank wishes all its  
readers a good year.

But a good year often  
depends on ourselves. And  
that means looking after  
our health.

Even if we feel healthy,  
any thing can happen.

So

*Take care & be aware*

*Be careful about reading  
health books.*

*You may die of a mis-  
print.*

**Mark Twain**

## Steve's Sayings



Why did God create insects. I'm sure Keith would have said "so they can bug us". David Attenborough might say "because they all have an important purpose. In fact, having just looked at echidna poo through a microscope at the kids day (thanks Judi!) and seen ant bits in there, I'm sure he's right. You know how it works, if not just ask the church's Children's Minister, Judi. I'm sure she will be happy to explain, complete with insect poo samples!

Just as ants, echidnas etc all have their purposes, so does the Shed and all the blokes in it. What do you think is the purpose of the Shed? Is it a place to be for guys who like to gather with other guys for a chat, or just to hang? Is it to help others, like mentoring the various groups who are part of the Shed, doing maintenance so the other groups have a place to meet, to make stuff for the community, or for ourselves? I suspect the Shed is all of these things and more. Being the beginning of the year, it is not a bad time to reflect on what we are about, what drives us, and what we stand for. These things are important as these values drive the decisions we make. What does the shed mean for you, and what do you think it stands for?

## Colin's Chat



Welcome to *The Plank* for 2012 and to Chelsea Men's Shed.

I hope all readers enjoyed the break over Christmas and New Year.

I have some wonders. I wonder how many waistlines broadened over the festivities, and I wonder how many New Year's resolutions were made and have been broken.

I made a New Year's resolution several years ago and it may be the only one I have kept. That is, not to make any New Year's resolutions!

I have an announcement to make at this point. This will be the last *Plank* I will be editing, at least for a while.

Over the past three years I have been studying full time for the Bachelor of Theology, as well as working at Chelsea. This year my study load is such that I will not be able to be at Chelsea so I will be mostly absent for the next twelve months.

I wish everyone involved with any activity here at Chelsea all the best.

I do hope to attend a few breakfasts during the year.

## Keith's Korner



Here we are in 2012, back at the Shed, with ideas and new projects. We are continually looking for ideas for projects that are sellable to assist in building up our funds. We have received letters of thanks from organisations whom we have been able to assist.

This year we are continuing to support Kankama on Tuesdays, Central Bayside on Wednesdays, and Woorinyan on Fridays. We're grateful to the men who have felt the need, and have the expertise, to help the carers of the disability groups in teaching the handling of various tools and assisting in projects - and, more importantly, giving of their own time.

Things break and wear out but we have been fortunate to receive a grant to put roofs on both of our outside buildings. The sum of \$2000 was donated to the church for the cost of the new flooring in both kitchen and foyer.

We will be missing Colin Duggan from now on as he is committed to further studies for the next twelve months. His input and work on behalf of the Shed and men's health has been invaluable. Thanks, Colin.

## Lyn's Lot

Late in the year, we were fortunate to receive a couple of grants that bought some much-needed dustcoats, safety glasses, and an outside gas heater that will keep our disabled groups warmer in the winter months.



*Sheddies displaying the Shed's wares*

On 4 December, John, Ron, Ian, Tim and Rob took a heap of stuff to the Cheltenham Market to sell – possum boxes, flower pots, hammering blocks, raised garden beds and footstools, to name a few. Apart from a 'wind as cold as a mother-in-law's kiss', the guys met a lot of fine people (including Felix, the musician), and had an enjoyable time.

The festive season was awash (literally) with parties and a much-anticipated visit from Santa (Gary Rogers), though his choice of transport (a Mustang) and stand-in for Rudolph (John Marden) were a bit 'different'.



*Santa's arrival*



*Kerryann & Lorna making Santa's day*

Santa distributed gifts enthusiastically, was kissed by the ladies from Longbeach PLACE, and enjoyed the music that Felix Lonel provided to an appreciative audience of sheddies, volunteers and others.



*Rob says:  
'Pleased to see you again, Santa.'*



*Felix singing up a storm*

*All sorts of stuff comes to the Editor by email with the original source unknown, such as the items below. So, after acknowledging that unknown source, let's have a chuckle!*

## **Well, I never!**

"Stewardesses" is the longest word typed with only the left hand.

And "lollipop" is the longest word typed with your right hand.

No word in the English language rhymes with month, orange, silver, or purple.

"Dreamt" is the only English word that ends in the letters "mt".

Our eyes are always the same size from birth, but our nose and ears never stop growing .

The sentence: "The quick brown fox jumps over the lazy dog" uses every letter of the alphabet.

The words 'racecar,' 'kayak', and 'level' are the same whether they are read left to right or right to left (palindromes).

There are only four words in the English language which end in "dous": tremendous, horrendous, stupendous, and hazardous.

There are two words in the English language that have all five vowels in order: "abstemious" and "facetious."

TYPEWRITER is the longest word that can be made using the letters only on one row of the keyboard.

A cat has 32 muscles in each ear.

A goldfish has a memory span of three seconds.

A shark is the only fish that can blink with both eyes.

A snail can sleep for three years.

Almonds are a member of the peach family.

An ostrich's eye is bigger than its brain. (I know some people like that also).

Babies are born without kneecaps. They don't appear until the child reaches 2 to 6 years of age.

February 1865 is the only month in recorded history not to have a full moon.

In the last 4,000 years, no new animals have been domesticated.

If the population of China walked past you, 8 abreast, the line would never end because of the rate of reproduction.

## Well, I never! Cont'd

Leonardo da Vinci invented the scissors.

Peanuts are one of the ingredients of dynamite!

Rubber bands last longer when refrigerated.

The average person's left hand does 56% of the typing.

The cruise liner, QE 2 moves only six inches for each gallon of diesel that it burns.

The microwave was invented after a researcher walked by a radar tube and a chocolate bar melted in his pocket. (Good thing he did that.)

The winter of 1932 was so cold that Niagara Falls froze completely solid.

There are more chickens than people in the world.

Winston Churchill was born in a ladies' room during a dance.

Women blink nearly twice as much as men.

All the ants in Africa weigh more than ALL the Elephants!!

It is estimated that there are one quadrillion ants living in the world at one time. In figures that number is 1,000,000,000,000,000.

Male African elephants weigh between 4,700 and 6,048 kilograms or 10,000 and 13,233 pounds. Female African elephants weigh between 2160 and 3,232 kilograms or 4,800 and 7,130 pounds.

In 2006 it was estimated that there were 10,000 elephants in Africa.

*Now you know (a little) more than you did before!!*

## They said it!

Be a yardstick of quality.

Some people aren't used to an environment where excellence is expected.

- Steve Jobs

The problem is never how to get new, innovative thoughts into your mind,  
but how to get old ones out.

Every mind is a building filled with archaic furniture.

Clean out a corner of your mind and creativity will instantly fill it. - Dee Hock

It does not matter how slowly you go so long as you do not stop. - Confucius

## Newsletter for the Chelsea Men's Shed

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**We are here :**  
**rear 5 Blantyre Ave, Chelsea**



# YOUR AD HERE?

## Sponsors:

It would be great to see your name on this page. If you're interested in being a Sponsor, Partner or Supporter please contact Lyn Duclos or Keith Holt at The Shed on 9773 0301 or join us at our sausage sizzle on Wednesdays 11.30am – 12.30pm.

*Chelsea Men's Shed is part of the Southern and Peninsula Cluster  
of the Victorian Men's Sheds Association*

Chelsea Men's Shed is a Community Development Programme of CareWorks Inc.  
the Community Welfare and Support organisation of the Church of Christ Victoria & Tasmania,  
& delivered through Chelsea CareWorks, the Community Support agency of Chelsea Church of Christ.